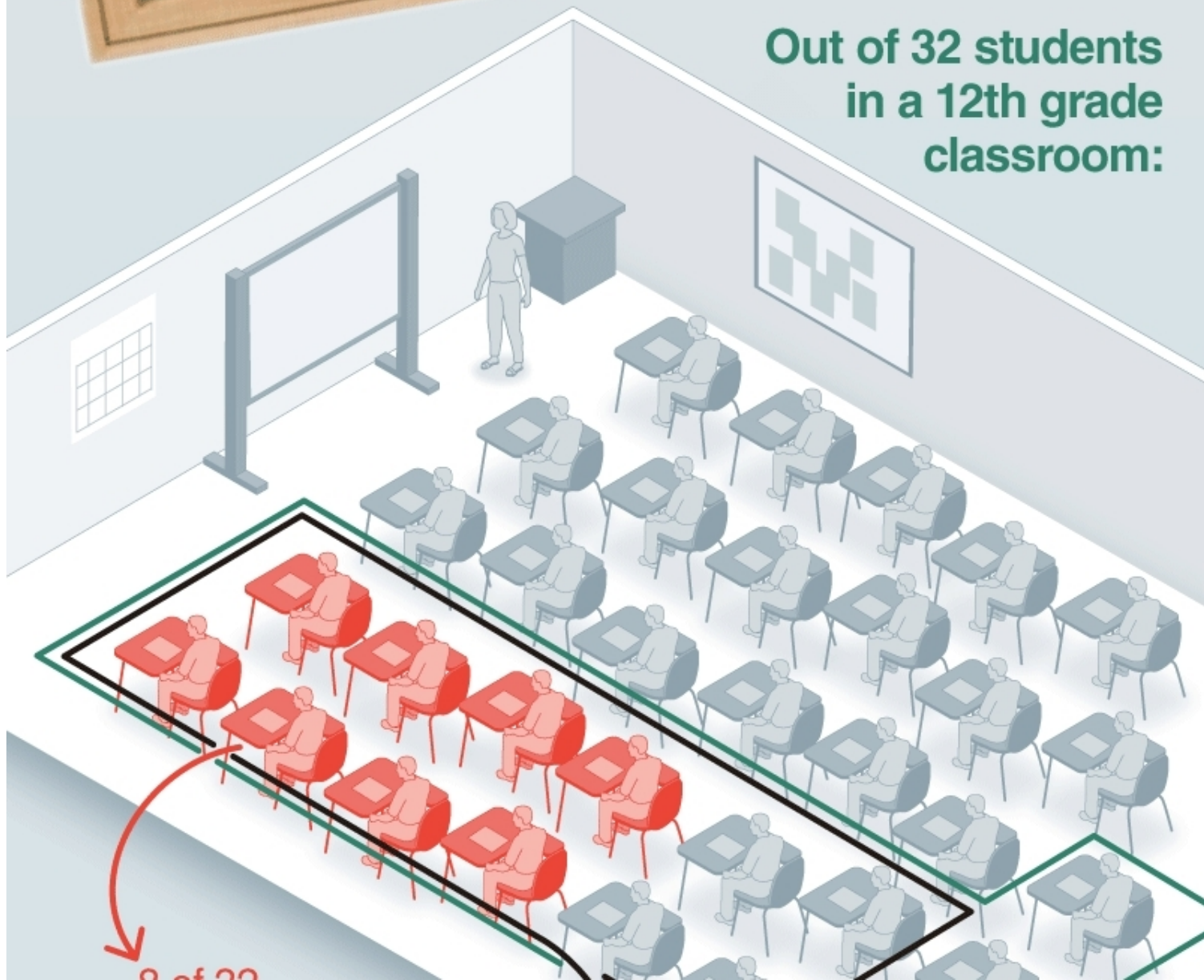


Drug Use in today's Classroom

The National Institute on Drug Abuse (NIDA) funded study of drug trends in schools has released their 2010 data. This data has been compiled

every year since 1975 by Monitoring the Future. The study covers the 8th, 10th and 12th grades. Here are the stats that really jumped out.

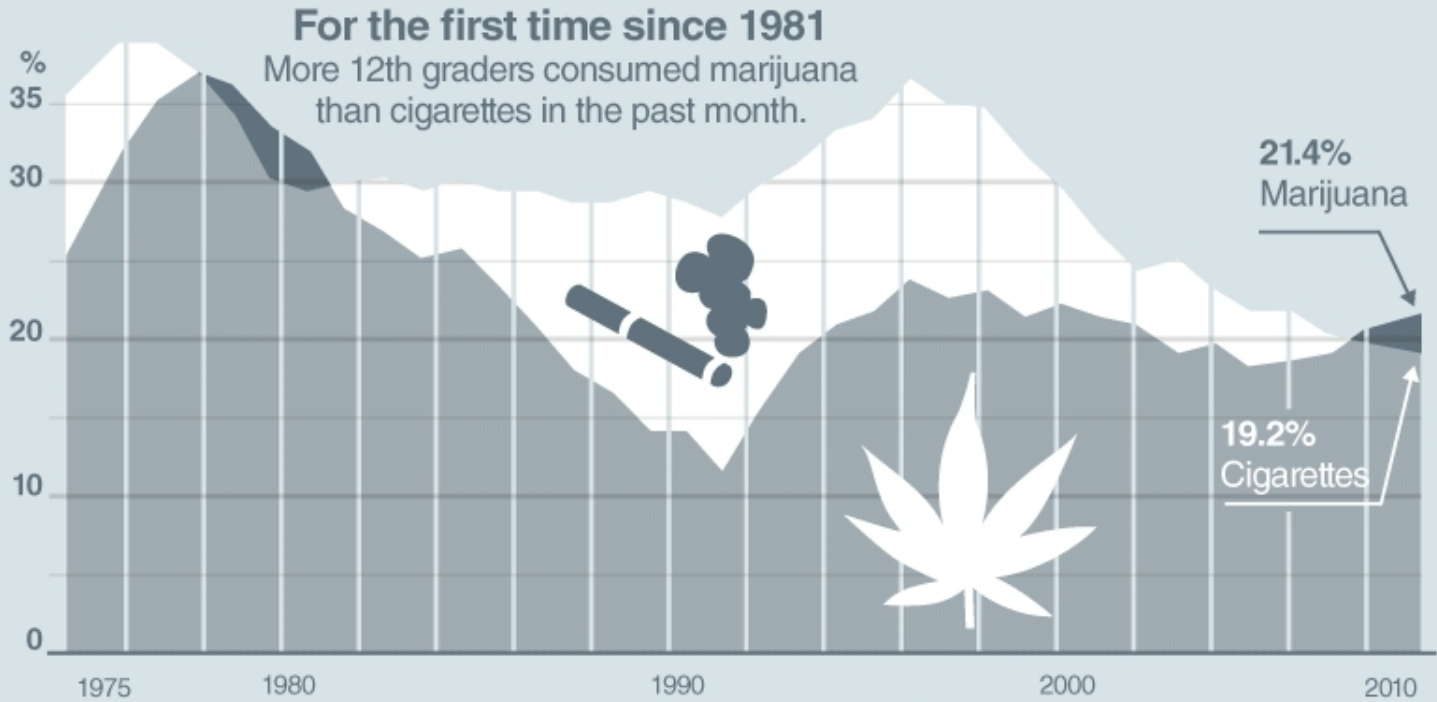
**Out of 32 students
in a 12th grade
classroom:**



**8 of 32
Have used
an illicit drug
in the past 30 days**

**12 of 32
Have used
in the past year**

**15 of 32
Have tried at least
once in their lifetime**



That's more than
1 out of 5
High School Seniors

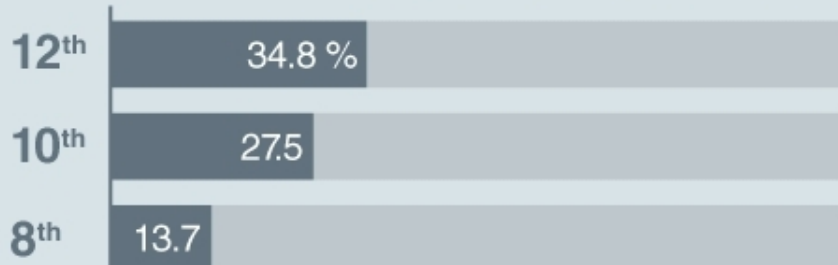


**1 in 16 seniors
smoke pot daily
or near daily.**

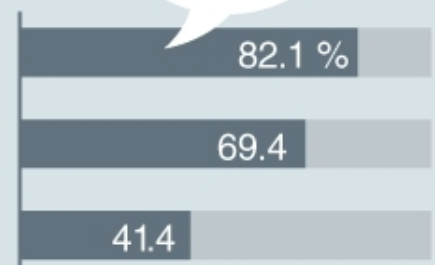


While not everyone smokes marijuana...

Smoked marijuana (in the past year)

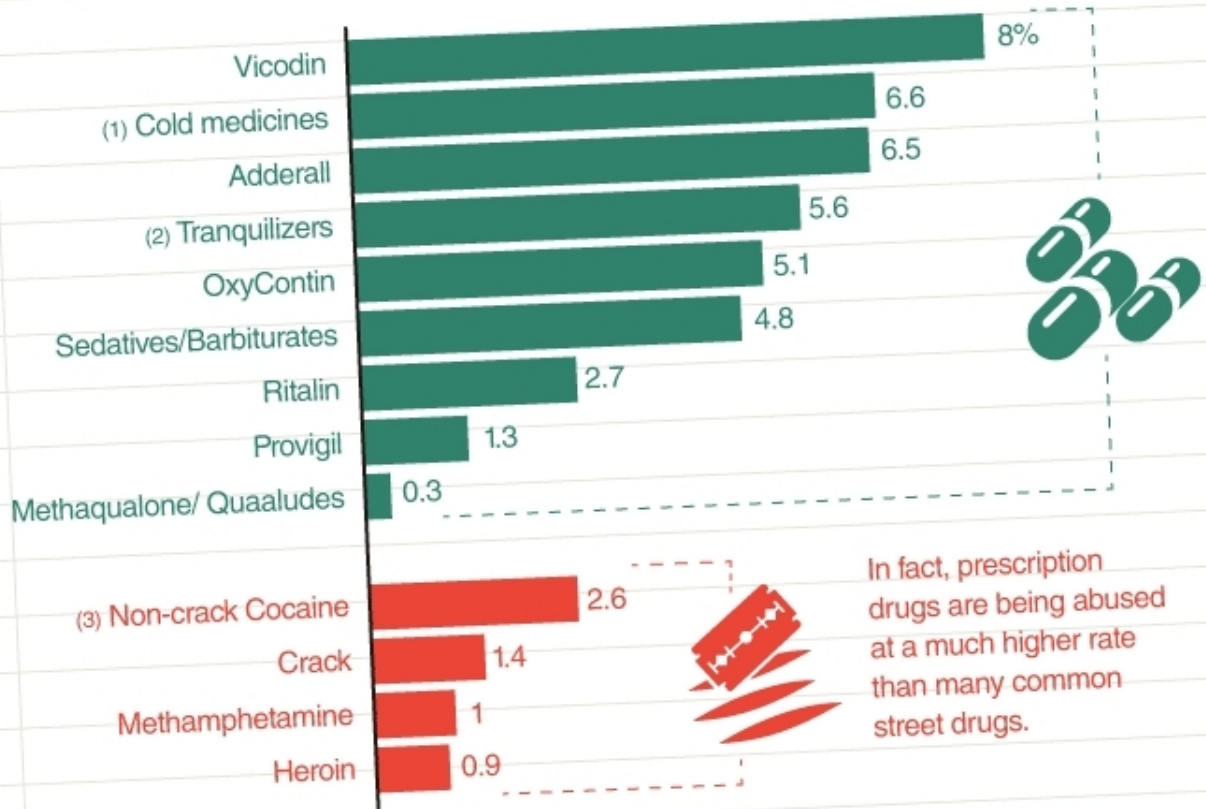


... many think
it is "fairly or very
easy to get"



Prescription vs. Illicit drugs

After marijuana, prescription and over-the-counter medications account for most of the top drugs abused by 12th graders in the past year. This list shows the % of 12th graders who have used the following in the past year.



1. Over-the-counter cough and cold medicines 2. Xanax, Valium, other benzodiazepines 3. Powder, freebase.

Random facts

- In the 2010 survey, **ecstasy** provided one of the most recent surges in the use of an illicit drug. Use rose in all grades, significantly so in 8th and 10th...and perceived risk has been falling steadily since 2005.

- It's not only illegal drugs - **inhalant** use is also significant. Inhalants include items like glue, nail polish remover, gasoline, solvents, butane and propellants used in certain commercial products such as whipped cream dispensers. 8th graders use more than most grades at 8.1%.

- Teens' use of **steroids** - 2.5% of high school senior males use steroids. According to the study, "The steroid problem among teens has diminished considerably over the past 10 years or so."

- Recently headline maker **Salvia** has made some inroads - 5.5% of seniors have used it during the past 12 months, as did 3.7% of 10th graders and 1.7% of 8th graders.

70%

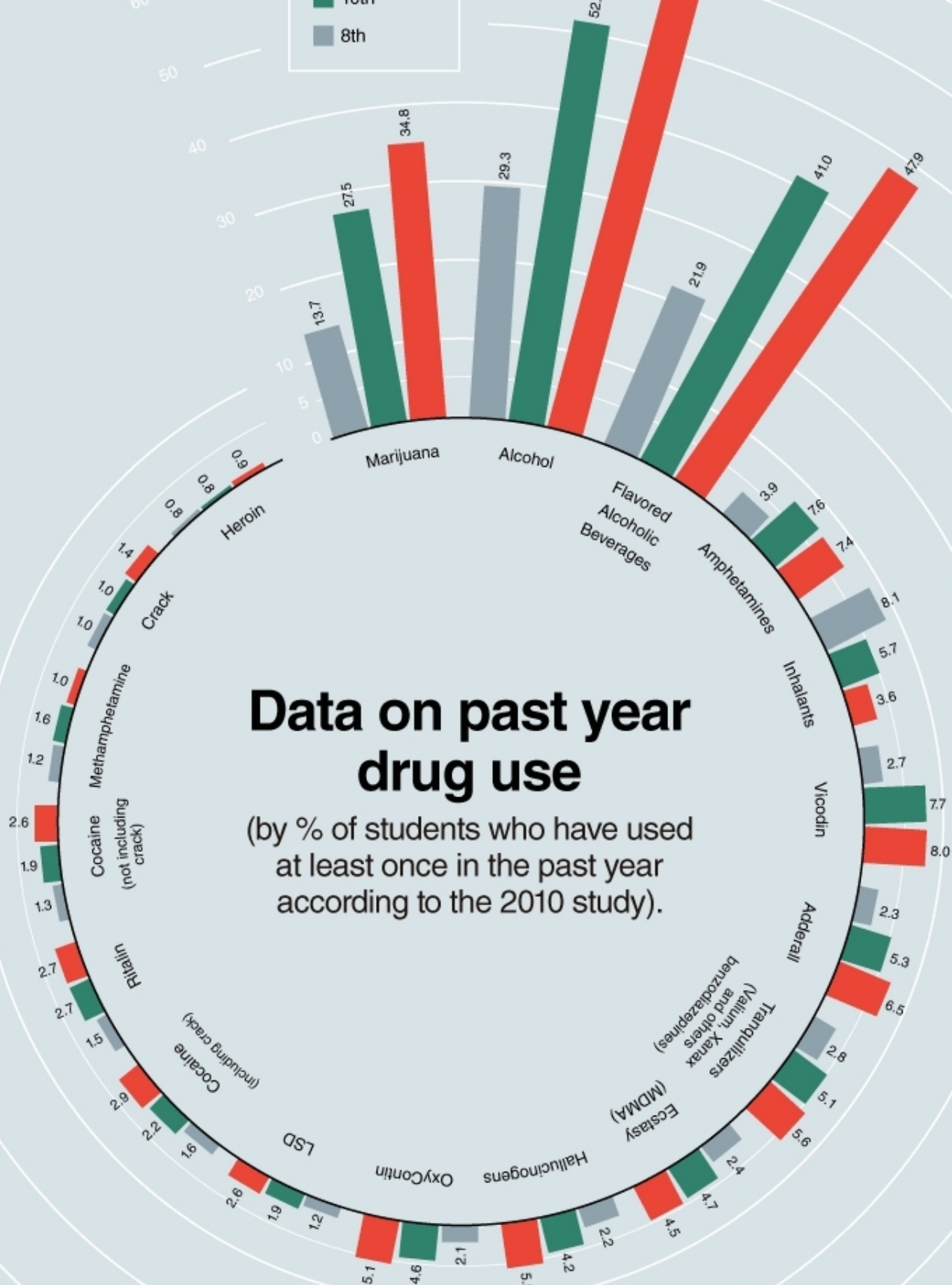
12th grade

10th

65.2

Data on past year drug use

(by % of students who have used at least once in the past year according to the 2010 study).



Sources: Monitoring the Future (MTF) is an ongoing study since 1975 of the behaviors, attitudes, and values of American secondary school students. The 2010 MTF survey encompassed about 46,500 eighth-, 10th-, and 12th-grade students in almost 400 secondary schools nationwide. The MTF Study has been funded under a series of investigator-initiated competing research grants from the National Institute on Drug Abuse, a part of the National Institutes of Health.

Johnston, L. D., O'Malley, P. M., Bachman, J. G., & Schulenberg, J. E. (2011). Monitoring the Future national results on adolescent drug use: Overview of key findings, 2010. Ann Arbor: Institute for Social Research, The University of Michigan.

<http://www.monitoringthefuture.org>

Infographic by:
ErnestoOlivares.com for:

